

Preschool Lunch Menu

March 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. <u>Snack:</u> Donut Holes / Milk <u>Lunch:</u> Beef Ravioli, Green Peas, Cheese Toast, Apricots <u>Snack:</u> Fig Newton Bar / Cantaloupe/ Water	2. <u>Snack:</u> Raisin Toast/ Apple Juice <u>Lunch:</u> Chicken Casserole, Steamed Broccoli, Wheat Roll, Pears <u>Snack:</u> Chex Mix /Go Gurt/ Water	3. <u>Snack:</u> Pancake w/ Syrup / Milk <u>Lunch:</u> Baked Ham, Mashed Potatoes, Diced Carrots, Fruit Cocktail, Roll <u>Snack:</u> Nutri Grain Bar / String Cheese/Water	4. <u>Snack:</u> Cheerios / Milk <u>Lunch:</u> Sausage Pattie, Biscuit, Hash Brown, Sliced Apples <u>Snack:</u> Graham Crackers / Chocolate Pudding / Water	5. <u>Snack:</u> Cinnamon Rolls / Grape Juice <u>Lunch:</u> Pepperoni Pizza, Corn Nuggets, Diced Peaches, Celery Sticks/Ranch <u>Snack:</u> Gold Fish / Apple Sauce / Water
8. <u>Snack:</u> Cheese Toast / Fruit Punch <u>Lunch:</u> Chicken Soft Taco, Spanish Rice, Pinto Beans, Pineapple Tidbits <u>Snack:</u> Lemon O's / Orange Sherbert / Water	9. <u>Snack:</u> Cheese Grits / Milk <u>Lunch:</u> Shredded Pork Sandwich, Whole Kernel Corn, Fruit Cocktail, Sliced Dill Pickles <u>Snack:</u> Vanilla Wafers/ Mandarin Oranges/ Water	10. <u>Snack:</u> Pop Tart / Apple Juice <u>Lunch:</u> Chicken Drum Stick, Tator Tots, English Peas, Sliced Strawberries <u>Snack:</u> Cubed Cheese / Crackers /Water	11. <u>Snack:</u> Nutri-Grain Bar / Milk <u>Lunch:</u> Beef Sticks, Mac-n-Cheese, Green Beans, Wheat Roll <u>Snack:</u> Sliced Apples/ Scooby Doo Snacks/ Water	12. <u>Snack:</u> Blueberry Muffin / Milk <u>Lunch:</u> Pepperoni Pizza, Mozzarella Sticks, Mixed Vegetables, Diced Pears <u>Snack:</u> Go Gurt / Animal Crackers / Water
15. <u>Snack:</u> Cinnamon Rolls / Orange Juice <u>Lunch:</u> Chicken Tenders, Buttered Noodles, Steamed Broccoli, Brownie <u>Snack:</u> Diced Peaches / Saltine Crackers / Water	16. <u>Snack:</u> Pancake w/ Syrup / Milk <u>Lunch:</u> Spaghetti w/Meat Sauce, Peas n Carrots, Wheat Roll, Diced Pears <u>Snack:</u> Sugar Cookie,/ Go Gurt / Water	17. <u>Snack:</u> Fruit Loops Cereal /Milk <u>Lunch:</u> Mini Corn Dogs, Mac-n-cheese, Turnip Greens, Applesauce <u>Snack:</u> String Cheese / Crackers / Water	18. <u>Snack:</u> Pop Tart / Apple Juice <u>Lunch:</u> Cheeseburger, Sweet Potato Fries, Baked Beans, Sliced Dill Pickles <u>Snack:</u> Fruit Cocktail / Ranger Cooke/ Water	19. <u>Snack:</u> Nutri- Grain Bar / Fruit Punch <u>Lunch:</u> Pepperoni Pizza, Apple Fritters, Garden Salad w/ Ranch <u>Snack:</u> Scooby Doo Snacks / Applesauce / Water
22. <u>Snack:</u> Cinnamon Toast Cereal / Milk <u>Lunch:</u> Popcorn Chicken, Peas n Carrots, Hash Browns, Pineapple Tidbits <u>Snack:</u> Go Gurt/ Animal Crackers / Water	23. <u>Snack:</u> Cheese Grits / Apple Juice <u>Lunch:</u> Sloppy Joes on Bun, Green Beans, Diced Peaches <u>Snack:</u> String Cheese / Crackers / Water	24. <u>Snack:</u> Butter Biscuit / Milk <u>Lunch:</u> Beans & Franks, Smiley Fries, Mandarin Oranges, Corn Muffin <u>Snack:</u> Cheez-its / Apple Wedges / Water	25. <u>Snack:</u> Blueberry Muffin / Orange Juice <u>Lunch:</u> Meat Lasagna, Whole Kernel Corn, Wheat Roll, Applesauce <u>Snack:</u> Gold Fish Pretzels / Chocolate Pudding / Water	26. <u>Snack:</u> French Toast Sticks / Milk <u>Lunch:</u> Pepperoni Pizza, French Fries, Mixed Vegetables, Fruit Cocktail <u>Snack:</u> Apple Sauce / Teddy Grahams / Water
29. <u>Snack:</u> French Toast Sticks / Milk <u>Lunch:</u> Beef Tips w/ Gravy, Rice, Roll, Apricots <u>Snack:</u> Rice Krispie Treat / Orange Slices / Water	30. <u>Snack:</u> Pancake w/ Syrup /Apple Juice <u>Lunch:</u> Honey BBQ Wings, Fries, Celery Sticks w/ Ranch, Pineapple Tidbits <u>Snack:</u> Chips & Salsa / Go Gurt / Water	31. <u>Snack:</u> Pop Tart / Milk <u>Lunch:</u> Hot Ham & Cheese Sandwich, Vegetable Soup, Smiley Fries, Apple Sauce <u>Snack:</u> ½ Banana / String Cheese / Water		